

---

## UNIT 5: ENRICHMENT LESSON 1

# Heroes Were Once Teenagers, Too

---

### Overview

Students will research the lives of heroes and try to determine what they were doing as children and adolescents.

### Cognitive Objectives

Students will identify cultural, social, or other personal heroes or those considered to be heroes by society. They will research what these heroes were like as children and adolescents.

### Affective Objective

The students will learn to relate to a bigger-than-life hero by realizing that he or she was once the same age as they.

### Interactive Objective

Students will present their discoveries to the class.

### Preparation

- ▶ Have lists of many types of heroes (ask school or public librarian for suggestions of those for whom books or other information are accessible in your area).

Be sure to include a variety of ages, nationalities, professions, talents, genders, and so on. Be sure to include people who had to struggle to overcome some adversity (such as a physical, economic, political, or mental problem).

- ▶ One way to ensure diversity is to provide a list and have students draw names from a hat, or draw numbers from a hat and then select from the list in order.

**NOT FOR PUBLIC RELEASE** TEACHING THE LESSON

*Heroes don't start out as heroes; they started as kids just like you. I'd like each one of you to select a hero. You'll read about him or her, looking especially for information about the person as a child or youth. You'll use the attached list of questions to guide your search. You'll present your information in one of several ways: a written report, an oral report, drawings or other art work, a skit, a self-made video, or a photo collage.*

After the presentations, have the students compare their heroes and note whether there are any similarities with their own childhood and young experiences.